

# Modest Apparel and Fleshly Lust

*All Scriptures from The Old and New King James Versions*

God had not setup any modesty standards at the time of Adam and Eve. Nakedness was ok at this time. Because of their sin, everything changed. After eating of the fruit of the tree of the knowledge of good and evil, they realized that they were naked. You see this knowledge had brought pain and not pleasure. They tried to make clothing out of fig leaves. The clothing man made was not enough so God made clothing to completely cover man and woman. You see man's, ideas of covering, are and is never enough.

**Gen 2:22** *Then the rib which the LORD God had taken from man He made into a woman, and He brought her to the man. 23 And Adam said: "This is now bone of my bones And flesh of my flesh; She shall be called Woman, Because she was taken out of Man." 24 Therefore a man shall leave his father and mother and be joined to his wife, and they shall become one flesh.*

**Gen 2:2** *And they were both naked, the man and his wife, and were not ashamed. --- 16 And the LORD God commanded the man, saying, "Of every tree of the garden you may freely eat; 17 but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die."*

**Gen 3:6** *So when the woman saw that the tree was good for food, that it was pleasant to the eyes, and a tree desirable to make one wise, she took of its fruit and ate. She also gave to her husband with her, and he ate. 7 Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves coverings. 8 And they heard the sound of the LORD God walking in the garden in the cool of the day, and Adam and his wife hid themselves from the presence of the LORD God among the trees of the garden.*

We should realize, we can study what the old testament says, to glean knowledge of what God considers modest and correct behavior. From these passages we can see God does not wish us to expose ourselves (uncover our nakedness) to others male or female.

**Gen 9:20** *And Noah began to be a farmer, and he planted a vineyard. 21 Then he drank of the wine and was drunk, and became uncovered in his tent. 22 And Ham, the father of Canaan, saw the nakedness of his father, and told his two brothers outside. 23 But Shem and Japheth took a garment, laid it on both their shoulders, and went backward and covered the nakedness of their father. Their faces were turned away, and they did not see their father's nakedness. 24 So Noah awoke from his wine, and knew what his younger son had done to him. 25 Then he said: "Cursed be Canaan; A servant of servants He shall be to his brethren." 26 And he said: "Blessed be the LORD, The God of Shem, And may Canaan be his servant. 27 May God enlarge Japheth, And may he dwell in the tents of Shem; And may Canaan be his servant."*

Many say, well the bible doesn't tell us what is modest. Sorry it does, but it is only speaking of what should be a man's clothing for modesty (to cover his nakedness). We have an example here of what God considered modest (not exposing our nakedness). Earlier many coverings in this passage were made for the upper lower torso of a man. A woman should cover herself at least as much as a man.

**Exo 28:40** *"For Aaron's sons you shall make tunics, and you shall make sashes for them. And you shall make hats for them, for glory and beauty. 41 So you shall put them on Aaron your brother and on his sons with him. You shall anoint them, consecrate them, and sanctify them, that they may minister to Me as priests. 42 And*

you shall make for them linen trousers to cover their nakedness; they shall reach from the waist to the thighs.

**Lev 18:6** 'None of you shall approach anyone who is near of kin to him, to uncover his nakedness: I am the LORD. 7 The nakedness of your father or the nakedness of your mother you shall not uncover. She is your mother; you shall not uncover her nakedness. 8 The nakedness of your father's wife you shall not uncover; it is your father's nakedness. 9 The nakedness of your sister, the daughter of your father, or the daughter of your mother, whether born at home or elsewhere, their nakedness you shall not uncover. 10 The nakedness of your son's daughter or your daughter's daughter, their nakedness you shall not uncover; for theirs is your own nakedness. 11 The nakedness of your father's wife's daughter, begotten by your father—she is your sister—you shall not uncover her nakedness. 12 You shall not uncover the nakedness of your father's sister; she is near of kin to your father. 13 You shall not uncover the nakedness of your mother's sister, for she is near of kin to your mother. 14 You shall not uncover the nakedness of your father's brother. You shall not approach his wife; she is your aunt. 15 You shall not uncover the nakedness of your daughter-in-law—she is your son's wife—you shall not uncover her nakedness. 16 You shall not uncover the nakedness of your brother's wife; it is your brother's nakedness. 17 You shall not uncover the nakedness of a woman and her daughter, nor shall you take her son's daughter or her daughter's daughter, to uncover her nakedness. They are near of kin to her. It is wickedness. 18 Nor shall you take a woman as a rival to her sister, to uncover her nakedness while the other is alive. 19 'Also you shall not approach a woman to uncover her nakedness as long as she is in her customary impurity.

**Lev 20:10** 'The man who commits adultery with another man's wife, he who commits adultery with his neighbor's wife, the adulterer and the adulteress, shall surely be put to death. 11 The man who lies with his father's wife has uncovered his father's nakedness; both of them shall surely be put to death. Their blood shall be upon them. 12 If a man lies with his daughter-in-law, both of them shall surely be put to death. They have committed perversion. Their blood shall be upon them. 13 If a man lies with a male as he lies with a woman, both of them have committed an abomination. They shall surely be put to death. Their blood shall be upon them. 14 If a man marries a woman and her mother, it is wickedness. They shall be burned with fire, both he and they, that there may be no wickedness among you. 15 If a man mates with an animal, he shall surely be put to death, and you shall kill the animal.

A woman or man professing Godliness should never want to cause anyone to sin through lust. If a man or woman dresses modestly then they are not guilty for the others lust.

**Mat 5:27** "You have heard that it was said to those of old, 'YOU SHALL NOT COMMIT ADULTERY.' 28 But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.

**Gal 5:14** For all the law is fulfilled in one word, even in this: "YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF." 15 But if you bite and devour one another, beware lest you be consumed by one another! 16 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. 17 For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish.

This shows, what happens when we disregard God's way, and man does whatever he wants.

**Rom 1:22** *Professing to be wise, they became fools, **23** and changed the glory of the incorruptible God into an image made like corruptible man—and birds and four-footed animals and creeping things. **24** Therefore God also gave them up to uncleanness, in the lusts of their hearts, to dishonor their bodies among themselves, **25** who exchanged the truth of God for the lie, and worshiped and served the creature rather than the Creator, who is blessed forever. Amen. **26** For this reason God gave them up to vile passions. For even their women exchanged the natural use for what is against nature. **27** Likewise also the men, leaving the natural use of the woman, burned in their lust for one another, men with men committing what is shameful, and receiving in themselves the penalty of their error which was due.*

**Jas 4:2** *You lust and do not have. You murder and covet and cannot obtain. You fight and war. Yet you do not have because you do not ask. **3** You ask and do not receive, because you ask amiss, that you may spend it on your pleasures. **4** Adulterers and adulteresses! Do you not know that friendship with the world is enmity with God? Whoever therefore wants to be a friend of the world makes himself an enemy of God. **5** Or do you think that the Scripture says in vain, "The Spirit who dwells in us yearns jealously"?*

**1Jn 2:15** *Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. **16** For all that is in the world—the lust of the flesh, the lust of the eyes, and the pride of life—is not of the Father but is of the world. **17** And the world is passing away, and the lust of it; but he who does the will of God abides forever.*

Just covering, sometimes is not enough, the wearer must be able to discern what to adorn themselves with. Anyone knows that over tight or skimpy fabrics can reveal a woman's or man's figure as if they were wearing no clothing. Don't always trust the opposite sex to tell you that it stimulates them. Maybe an older faithful Christian man or woman will, but this is not always the case. Many will say that it doesn't affect them, when it does, because of their own lust, which is not always evident. Don't let anyone tell you, that times have changed therefore it doesn't affect people as it used to. Remember God is the same yesterday and today. He doesn't change with the times.

**Heb 13:4** *Marriage is honorable among all, and the bed undefiled; but fornicators and adulterers God will judge. **5** Let your conduct be without covetousness; be content with such things as you have. For He Himself has said, "I WILL NEVER LEAVE YOU NOR FORSAKE YOU." **6** So we may boldly say: "THE LORD IS MY HELPER; I WILL NOT FEAR. WHAT CAN MAN DO TO ME?" **7** Remember those who rule over you, who have spoken the word of God to you, whose faith follow, considering the outcome of their conduct. **8** Jesus Christ is the same yesterday, today, and forever.*

**1Ti 2:5** *For there is one God and one Mediator between God and men, the Man Christ Jesus, **6** who gave Himself a ransom for all, to be testified in due time, **7** for which I was appointed a preacher and an apostle—I am speaking the truth in Christ and not lying—a teacher of the Gentiles in faith and truth. **8** I desire therefore that the men pray everywhere, lifting up holy hands, without wrath and doubting; **9** in like manner also, that the women adorn themselves in modest apparel, with propriety and moderation, not with braided hair or gold or pearls or costly clothing, **10** but, which is proper for women professing godliness, with good works. **11** Let a woman learn in silence with all submission. **12** And I do not permit a woman to teach or to have authority over a man, but to be in silence. **13** For Adam was formed first, then Eve.*

**Mat 5:27** "You have heard that it was said to those of old, 'YOU SHALL NOT COMMIT ADULTERY.' **28** But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart. **29** If your right eye causes you to sin, pluck it out and cast it from you; for it is more profitable for you that one of your members perish, than for your whole body to be cast into hell.

**1Th 5:21** Test all things; hold fast what is good. **22** Abstain from every form of evil. **23** Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.

**Rom 12:1** I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. **2** And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.

**1Pe 3:1** Wives, likewise, be submissive to your own husbands, that even if some do not obey the word, they, without a word, may be won by the conduct of their wives, **2** when they observe your chaste conduct accompanied by fear. **3** Do not let your adornment be merely outward—arranging the hair, wearing gold, or putting on fine apparel— **4** rather let it be the hidden person of the heart, with the incorruptible beauty of a gentle and quiet spirit, which is very precious in the sight of God. **5** For in this manner, in former times, the holy women who trusted in God also adorned themselves, being submissive to their own husbands, **6** as Sarah obeyed Abraham, calling him lord, whose daughters you are if you do good and are not afraid with any terror. **7** Husbands, likewise, dwell with them with understanding, giving honor to the wife, as to the weaker vessel, and as being heirs together of the grace of life, that your prayers may not be hindered.

**Deu 22:5** "A woman shall not wear anything that pertains to a man, nor shall a man put on a woman's garment, for all who do so are an abomination to the LORD your God.

**Pro 31:10** Who can find a virtuous wife? For her worth is far above rubies. **11** The heart of her husband safely trusts her; So he will have no lack of gain. **12** She does him good and not evil All the days of her life. **13** She seeks wool and flax, And willingly works with her hands. **14** She is like the merchant ships, She brings her food from afar. **15** She also rises while it is yet night, And provides food for her household, And a portion for her maidservants. **16** She considers a field and buys it; From her profits she plants a vineyard. **17** She girds herself with strength, And strengthens her arms. **18** She perceives that her merchandise is good, And her lamp does not go out by night. **19** She stretches out her hands to the distaff, And her hand holds the spindle. **20** She extends her hand to the poor, Yes, she reaches out her hands to the needy. **21** She is not afraid of snow for her household, For all her household is clothed with scarlet. **22** She makes tapestry for herself; Her clothing is fine linen and purple.

**Rom 14:12** So then each of us shall give account of himself to God. **13** Therefore let us not judge one another anymore, but rather resolve this, not to put a stumbling block or a cause to fall in our brother's way. **14** I know and am convinced by the Lord Jesus that there is nothing unclean of itself; but to him who considers anything to be unclean, to him it is unclean. **15** Yet if your brother is grieved because of your food, you are no longer walking in love. Do not destroy with your food the one for whom Christ died. **16** Therefore do not let your good be spoken of as evil; **17** for the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy



**Spirit. 18** For he who serves Christ in these things is acceptable to God and approved by men. 19 Therefore let us pursue the things which make for peace and the things by which one may edify another. 20 Do not destroy the work of God for the sake of food. All things indeed are pure, but it is evil for the man who eats with offense. 21 It is good neither to eat meat nor drink wine nor do anything by which your brother stumbles or is offended or is made weak. 22 Do you have faith? Have it to yourself before God. Happy is he who does not condemn himself in what he approves. 23 But he who doubts is condemned if he eats, because he does not eat from faith; for whatever is not from faith is sin.

How do we walk in the spirit and not in the flesh? By following and meditating on the word of God.

**Eph 1:13** In Him you also trusted, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit of promise, 14 who is the guarantee of our inheritance until the redemption of the purchased possession, to the praise of His glory.

**Eph 6:17** And take the helmet of salvation, and the sword of the Spirit, which is the word of God;

**2Ti 3:14** But you must continue in the things which you have learned and been assured of, knowing from whom you have learned them, 15 and that from childhood you have known the Holy Scriptures, which are able to make you wise for salvation through faith which is in Christ Jesus. 16 All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, 17 that the man of God may be complete, thoroughly equipped for every good work.

**Gal 5:14** For all the law is fulfilled in one word, even in this: "YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF." 15 But if you bite and devour one another, beware lest you be consumed by one another! 16 I say then: Walk in the Spirit, and you shall not fulfill the lust of the flesh. 17 For the flesh lusts against the Spirit, and the Spirit against the flesh; and these are contrary to one another, so that you do not do the things that you wish. 18 But if you are led by the Spirit, you are not under the law. 19 Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, 20 idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, 21 envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God. 22 But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, 23 gentleness, self-control. Against such there is no law. 24 And those who are Christ's have crucified the flesh with its passions and desires. 25 If we live in the Spirit, let us also walk in the Spirit. 26 Let us not become conceited, provoking one another, envying one another.

**Pro 11:22** As a ring of gold in a swine's snout, So is a lovely woman who lacks discretion. 23 The desire of the righteous is only good, But the expectation of the wicked is wrath.

How do we test all things? By comparing it with what the word of God says.

**1Th 5:21** Test all things; hold fast what is good. 22 Abstain from every form of evil. 23 Now may the God of peace Himself sanctify you completely; and may your whole spirit, soul, and body be preserved blameless at the coming of our Lord Jesus Christ.

**Jas 1:12 Blessed is the man who endures temptation; for when he has been approved, he will receive the crown of life which the Lord has promised to those who love Him. 13 Let no one say when he is tempted, "I am tempted by God"; for God cannot be tempted by evil, nor does He Himself tempt anyone. 14 But each one is tempted when he is drawn away by his own desires and enticed. 15 Then, when desire has conceived, it gives birth to sin; and sin, when it is full-grown, brings forth death. 16 Do not be deceived, my beloved brethren. 17 Every good gift and every perfect gift is from above, and comes down from the Father of lights, with whom there is no variation or shadow of turning. 18 Of His own will He brought us forth by the word of truth, that we might be a kind of firstfruits of His creatures.**

The little children in this passage is referring to the new Christians. This is why we must be extra careful in whatever we do not causing one of them to fall in sin.

**Mat 18:5 Whoever receives one little child like this in My name receives Me. 6 "Whoever causes one of these little ones who believe in Me to sin, it would be better for him if a millstone were hung around his neck, and he were drowned in the depth of the sea. 7 Woe to the world because of offenses! For offenses must come, but woe to that man by whom the offense comes!"**

**Questions: Contact Mt Olive Church of Christ. 205-631-9182 Or contact me Michael R. Rouse. 205-607- 4139 [avoidsin@gmail.com](mailto:avoidsin@gmail.com)  
<http://www.mikesbiblestudies.com/>**